

BrainBridge Connections Meeting Goals and Expectations

Throughout the course of the Brainbridge Connections program, students and their respective mentors will meet on a bi-weekly basis (every two weeks). This is crucial throughout the research process in order for the student to have some sort of guidance while proceeding through their work, and for the mentor to have an adequate understanding of the student's progress and what they are capable of. However, in order for these meetings to run as smoothly as possible for both the student and the mentor, there are some expectations that must be followed.

Expectations:

a. Commitment

- i. Students should consistently attend scheduled sessions, be punctual, and come prepared with questions or updates on their projects.
 1. Students are expected to take proper initiative.
- ii. Mentors should be reliable and dedicated, providing guidance and support regularly (every two weeks).
 1. Mentors are expected to be consistent in terms of meetings.

b. Active Participation

- i. Students are expected to actively engage in discussions, take initiative in their projects, and seek feedback.
 1. This is key in order for the student to progress their research, reflecting one of the main goals of these meetings.
- ii. Mentors should encourage and facilitate active participation, providing constructive feedback and fostering a collaborative environment.

c. Respect and Professionalism

- i. Both mentors and students should maintain a respectful and professional attitude, respecting each other's time, ideas, and boundaries.
 1. This allows the process to be as efficient as possible.
- ii. Encourage a positive and inclusive atmosphere that values diversity and differing perspectives.

Furthermore, in order for these bi-weekly meetings to be effective for the student in helping them further progress their research, both the mentor and student should keep some goals in mind.

Goals:

a. Project Advancement:

- i. Provide guidance and support to help students progress through their research projects, from initial conception to final presentation.
- ii. Ensure that students stay on track with their project timelines and meet key milestones.

b. Mentorship and Personal Growth:

- i. Foster a strong mentor-student relationship that encourages open communication, trust, and mutual respect.

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- ii. Offer mentees personalized advice and mentorship that supports their academic and career aspirations in STEAM fields.
- c. Exploration and Curiosity
 - i. Encourage students to explore new ideas, ask questions, and develop a deeper interest in their chosen area of research.
 - 1. Sparking an interest in students is important.
 - ii. Support students in pursuing their passions and discovering new areas of interest within the STEAM disciplines.
 - 1. Students should leave with more to explore.